

LUNCH SELECTION

SOUPS -N- STARTERS

Gazpacho, Vichyssoise or Chilled Soup	\$4.95
Soup du Jour	\$4.95
French Onion Soup	\$7.75

FRESH FROM THE GARDEN

Medium \$11.95 Large \$16.95

Smoked Salmon Salad

Scottish smoked salmon, artisan baby lettuce, capers, Bermuda onions, radishes, creamy dill horseradish dressing and bagel chips

Grilled Shrimp Salad GF

marinated grilled shrimp with sugar snap peas, marinated carrots, wasabi peas and grilled summer squash with baby artisan greens laced with a anisette vinaigrette

Miso Grilled Salmon, Grapefruit & Avocado Salad GF

red and golden grapefruit tossed with toasted almonds, baby arugula, kale, spring mix, avocado and a citrus vinaigrette topped with miso and soy marinated salmon fillet

Maui Hanger Steak Salad

soy and brown sugar marinated hanger steak with roasted potatoes, cured purple onion, grilled flat bread and baby field greens with a ginger citrus dressing

FC SALADS YOU KNOW

Medium \$11.95 Large \$16.95


- Martha's Vineyard - Southern Fried - Salmon Platter
- Crab Avocado - Shrimp Louis - Cobb - Caprese

CULINARY CREATIONS

Shrimp & Blue Crab Salad GF **\$12.95**
herb seared shrimp and blue crab meat salad with tomato, baby arugula, parmesan & pesto vinaigrette

Fig & Brie Cheese Flatbread Salad **\$9.95**
with baby arugula, caramelized onions, candied walnuts and a balsamic citrus glaze

Roasted Turkey & Avocado BLT **\$12.25**
roasted turkey breast, avocado, bacon, swiss cheese, red leaf lettuce, tomato, and roasted garlic mayonnaise on whole grain bread

Smoked Hummus Salad  **\$11.95**
salad greens with marinated root vegetables and smoked hummus with a lemon herb dressing

Tuna Melt **\$14.25**
tuna salad on a toasted english muffin with monterey jack cheese and sweet potato fries

Grouper Cacciatore **\$19.95**
roasted garlic seared grouper with mushrooms, onions, tomatoes and basil with seafood broth and angel hair pasta

Chicken Crepes **\$14.95**
two crepes filled with creamy chicken, carrots, onion and celery with a creamy dill butter sauce and fresh seasonal fruit

Spicy Thai Crispy Chicken GF **\$10.75**
greens, mandarin orange and almond salad with crisp rice flour fried chicken with a spicy peanut dipping sauce

Wicked Tuna GF **\$14.25**
seared Ahi Tuna, salad greens, seaweed salad, ginger carrots, cucumbers, wasabi peas and a chili garlic dressing

HAND HELD DELIGHTS

B.L.T **\$8.95**
bacon, lettuce, tomato and mayo, on white toast

Barbecued Chicken Salad Sandwich **\$13.25**
bbq chicken salad on country white bread with iceberg lettuce and pickled purple onion with a black bean & corn salsa

“Our” Club **\$9.95**
turkey, havarti, bacon, lettuce, cucumbers, and tomato on toasted grain bread with lingonberry mayo

Sandwich Classic **\$8.25**
sliced turkey or ham, tuna, shrimp or chicken salad on your choice of bread

Rueben **\$11.25**
traditional rueben with swiss cheese, sauerkraut, corn beef and thousand island dressing

Fried Grouper Salad Wrap **\$14.25**
fried grouper tenders tossed with crisp romaine, cole slaw, wasabi aioli, cheddar cheese and cured bermuda onions wrapped in a sun dried tomato wrap

Quesadillas **\$10.25**
chicken, beef or vegetarian with sour cream, guacamole and salsa (Lobster additional \$3.75)

Burger **\$10.95**
fresh angus beef grilled to your liking with lettuce, tomato, onion and pickle (add cheese \$.50)

Turkey Burger **\$10.95**
grilled ground turkey burger on a kaiser bun with cranberry mayonnaise and fried green beans

Egg Salad & Bacon Sandwich **\$9.95**
egg salad, crisp bacon, iceberg lettuce, and tomato on toasted country white bread with fresh seasonal fruit

Cup and a Half **\$9.95**
a cup of soup or side house salad served with half of a BLT, turkey, ham, tuna, shrimp or chicken salad sandwich

Burgers and sandwiches are served with chips, fries, sweet potato fries, onion rings, potato salad, cole slaw or fruit.

BRUNCH

Omelet of the Day **\$10.75**
create your own omelet or choose today's special (egg whites and “egg beaters” are also available)

Eggs Benedict **\$10.75**
poached egg, Canadian bacon, English muffin and hollandaise sauce

Corn Beef Hash **GF** **\$10.75**
homemade corn beef hash with tomato slices, poached eggs and fresh fruit

Field Club Trio Fruit Salad **\$12.75**
sliced melon, strawberries and grapes with banana bread, paired with chicken and tuna salads, garnished with a hardboiled egg and your choice of cottage cheese or flavored yogurt

Menu items may be modified to be vegetarian or gluten free. Please inquire with your server.

GF - Gluten Free

 - Vegetarian

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have a medical condition.