# RULES AND Regulations

- **1. Dress Code:** white tennis attire is required for all groups (NO cargo shorts, cutoffs, jeans or khakis) and only smooth soled (clay court) tennis shoes are permitted. (No cross trainers).
- **2. Food/Beverage:** Water, sport drinks, or juice will be allowed courtside (Drink Jugs recommended).
- **3. Lateness:** All classes will begin promptly at the scheduled time. Students must be at their assigned court ready to participate in the clinic.
- **4. Inclement Weather:** Please insure your telephone or a contact number is listed on our registration form. Cancellations will be rescheduled for a later date.
- **5. Etiquette:** Please be aware that there will be members playing on adjacent courts. Juniors must conduct themselves in an orderly manner so as not to disturb others.
- 6. Pick up: Juniors must wait at the tennis office if their ride is late. If a parent knows they will be late, or if a junior rides with a friend or neighbor, please inform the pro shop staff. (941) 924-6281

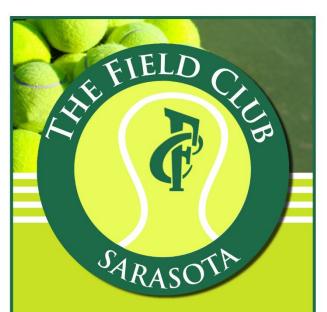
Winston Owen - Director of Tennis Pro Shop: (941) 924-6281 Cell: (941) 376-2190 E-mail: winston@thefieldclub.com

# 8 WEEK SESSION (March 18th-May 11th) REGISTRATION FORM

Age(M)(F)Level
GradeSchool
Address
CityZip
PhoneCell
WorkFax
Email
Parent Name
Emergency Contact
PhoneCell
Member Name #:

Please select appropriate program(s) on reverse side and return the entire registration brochure to: The Field Club, Attn: Winston Owen 1400 Field Road, Sarasota, FL 34231





# JUNIOR TENNIS PROGRAM

# **REGISTRATION FORM**



MARCH 18 – MAY 11 (8 WEEK SESSION) MEMBERS ONLY



1400 FIELD ROAD, SARASOTA, FLORIDA 34231 Pro Shop: 941.924.6281

# 8 Week Session March 18th – May 11th

Mighty Stars (ages 4-5)			
Class	Level	Time	Price
Tues (45 Min)	All	4:15-5pm	\$240
Tues (45 Min)	All	3:30pm- 4:15pm	\$240
Thu (45min)	All	4:15-5pm	\$240

Future Champs (8 & Under)			
Class	Level	Time	Price
Mon (1 hr)	Beg/Int	5-6 pm	\$240
Tues (1 hr)	Beg/Int	4-5 pm	\$240
Thu (1 hr)	Beg/Int	4-5 pm	\$240
Sat (1 hr)	Beg/Int	10-11 am	\$240

Rising Stars (10 & Under)			
Class	Level	Time	Price
Mon (1.5 hr)	Beg/Int	4:30-6 pm	\$350
Tues (1 hr)	Beg/Int	5:00-6 pm	\$240
Thu (1 hr)	Beg/Int	5:00-6 pm	\$240
* Fri (1.hr)	Int/Adv	5:00-6 pm	\$240
*Match Play	(New)		
Sat (1 hr)	Beg/Int	10-11 am	\$240

Competitors (14 & Under)			
Class	Level	Time	Price
Mon (1.5 hr)	Beg/Int	4:30-6 pm	\$350
Tues (1 hr)	Beg/Int	5:00-6 pm	\$240
Thu (1 hr)	Beg/Int	5:00-6 pm	\$240
— *Fri (1hr) MATCH PLAY	Int/Adv	5:00-6pm	\$240
Sat (1 hr)	Beg/Int	10-11 am	\$240

Challengers (High School)			
Class	Level	Time	Price
Mon (1.5 hr)	Int+/Adv	4:30-6:00pm	\$350
Thu (1 hr)	Int+/Adv	3:15-4:15 pm	\$240
*Fri (1 hr) *Match Play	Int+/Adv NEW)	4:00-5:00pm	\$240

## **IMPORTANT:**

- A) Juniors will be grouped by appropriate level and age within each class.
- B) Student/Pro ratio 5/1
- C) Private lessons and clinics available upon request.
- D) If needed, make up classes for rainy days only will be held at the end of the program.
- E) Match Play Friday (New) intermediate & Advance Only.

# The Field Club PROGRAM DESCRIPTIONS

#### **MIGHTY STARS**

Each class will emphasize hand-eye coordination, basic stroke technique, and movement skills through a series of fun games and activities.

### FUTURE CHAMPS

Students will focus on sound stroke development. Match play will be introduced using the quick start format but with some adaptations based on each classes progress.

### **RISING STARS & COMPETITORS**

Students will continue to develop sound strokes and grips, proper footwork and basic strategy during match play. Video analysis will be introduced, as well as agility and fitness training.

## CHALLENGERS ADV. & HIGH PERFORMANCE

My philosophy for this program is "Serious Fun". During this program, students will work on finetuning all aspects of the game, including footwork patterns, modern stroke fundamentals, efficient strategy and mental efficiency training for match play. We will also use video analysis to assess proper technique as well as fitness and conditioning training to help develop player speed, agility and strength.

## **Questions?**

Contact Winston Owen, Director of Tennis: Work: (941) 924-6281 Cell: (941) 376-2190 Email: Winston@thefieldclub.com