



## Soups

- GAZPACHO OR VICHYSOISE | 6
- SOUP DU JOUR | 6
- FRENCH ONION SOUP | 9

## Appetizers

### BUFFALO-STYLE CHICKEN WINGS | 19 GF

Tender Chicken Wings  
tossed in a Spicy Butter Sauce  
with Ranch and Blue Cheese Dressing

### FRIED POT STICKERS | 16

served with Ponzu Dipping Sauce

### PULLED CHICKEN NACHOS | 18

Fresh Fried Corn Chips piled high  
and topped with Pulled Chicken,  
Black Bean Corn Salsa, Queso, Onions,  
Tomatoes, and Shredded Lettuce

### KABOOM SHRIMP | 24 GF

Fried Shrimp tossed in our Sweet Thai Chili Sauce  
served with Spring Roll Chips

### SHRIMP TEMPURA | 24

Fresh Shrimp dipped in Tempura Batter  
and Deep-Fried until perfectly crispy,  
served with Tempura Dipping Sauce

### QUESADILLA | 14

Chicken, Beef or Vegetarian  
with Sour Cream, Guacamole and Salsa  
(Add Shrimp \$4)

### GUACAMOLE, SALSA & CHIPS | 14

Diced Avocado, Sweet White Corn, Black Beans, Jicama,  
Bell Peppers, Fresh Cilantro and Serrano Peppers  
served with Housemade Blue & White Corn Tortilla Chips

## Salads

### SIAMESE SALMON BOWL | 22

Seared Teriyaki Glazed Salmon  
over Chilled Soba Noodles with a Thai Peanut Sauce,  
Cilantro, and Sweet & Spicy Avocado

### YELLOWFIN TUNA CRUNCH SALAD | 24

Thinly Sliced Tuna, Arugula, Kale, Avocado, Cucumber,  
Edamame, Jasmine Rice, Scallions, Toasted Sesame  
Seeds, Chili Flakes and Thai Dressing

### BOSTON SALAD WITH APPLES & PEARS | 18

Boston Lettuce, Baby Arugula, Watercress, Granny  
Smith Apples, Pears, Candied Cashews,  
Shaved Parmesan, and Sherry Vinaigrette

### AVOCADO QUINOA BOWL | 18

Bulk out your bowl with veggies including  
Baby Lettuce, Chopped Roasted Carrot, Zucchini, Cherry  
Tomatoes, Roasted Sweet Potatoes, and Shredded Spinach  
with an Olive Oil Vinaigrette

### MEDITERRANEAN GREEK SALAD | 21

Romaine Lettuce, Artichoke, Feta, Kalamata Olives, Pepper-  
oncini, Tomato, Cucumber, Red & Green Peppers and Red  
Onions served with our own Greek Dressing and Pita Bread

### AHI POKE BOWL | 26

4oz Sushi-Grade Diced Ahi and Avocado tossed with Ponzu,  
Green Onions and Sesame Seeds on a blend of White Rice,  
Red Quinoa, and Seaweed seasoned with Togarashi and  
topped with Pickled Cucumbers, Sliced Jalapenos, Citrus  
Lemon Vinaigrette and a Drizzle of Sriracha Mayo

### SALADS YOU KNOW - MEDIUM 17 | LARGE 19

Shrimp Louis | Miso Grilled Salmon | Cobb | Caesar  
Martha's Vineyard | Southern Fried | Crab Avocado

**The following salads are available in one size only:**

Caprese 16 | Thai Chicken 17 | Wicked Tuna 21

# Handhelds

Handhelds served with chips, fries, sweet potato fries, onion rings, potato salad, coleslaw or fruit.

## BLACK ANGUS BURGER | 18

Grilled to your liking with Lettuce, Tomato, Onions and a Pickle Spear  
(add Cheese .50¢)

## VEGAN BURGER | 16

Soy Patty, Vegan Herb Mayo, Lettuce, Tomato and Vegan American Cheese

## TRADITIONAL CLUB | 18

Sliced Roasted Turkey Breast, Lettuce, Tomato, Bacon, Gruyere Cheese, and Mayo on Toasted Sourdough

## “OUR CLUB” | 17

Sliced Roasted Turkey Breast, Havarti Cheese, Bacon, Lettuce, Cucumbers and Tomato on Toasted Whole Grain Bread with Lingonberry Mayo

## CLASSIC REUBEN OR GROUPER REUBEN | 19

Shaved Corned Beef or Grouper with Swiss Cheese and Sauerkraut on Grilled Rye with Thousand Island Dressing

## TUNA MELT WITH PICKLED CHICORIES | 18

Albacore Tuna with Minced Shallots, Capers, Dill, and Sweet Pickle Relish

## GRILLED BBQ CHICKEN CLUB | 18

Grilled Chicken Breast, Ovation BBQ Sauce, Swiss Cheese, Bacon, Lettuce, and Tomato

## TENDERLOIN SLIDERS | 24

Tenderloin Medallions with Bacon Balsamic, Onion Jam, and Gruyere Cheese

## B.L.T. | 16

Crispy Applewood Bacon, Green Leaf Lettuce, Beefsteak Tomato and Mayo on your choice of Toasted Bread

## BUILD YOUR OWN | 18

Turkey, Ham, Tuna, Shrimp or Chicken Salad served on your choice of Bread

## CUP-N-HALF | 16

A Cup of Soup or Side House Salad, served with half of a BLT, Turkey, Ham, Tuna, Shrimp or Chicken Salad Sandwich

## Daily Specials

### OMELETTE OF THE DAY | 14

Create your own omelette or choose today's special  
(egg whites are also available)

### TRADITIONAL EGGS BENEDICT | 16

Canadian Bacon, Toasted English Muffin and Hollandaise Sauce

### HOT OR COLD BISTRO | MKT

Creative food items prepared by our culinary team

## Bistro Specials

### CRAB CAKE LUNCH | 28

Crab Cake with Potato and Vegetable of the Day

### MAINE STYLE LOBSTER ROLLS | 28

Maine Lobster tossed in a Lemon Mayonnaise on a Traditional lobster Roll served with Coleslaw

## Vegan and Vegetarian

### AVOCADO EGG ROLLS | 21 VEGAN

Avocado, Sun-Dried Tomato, Red Onion, and Cilantro Fried in a Crisp Rice Paper Wrapper served with Sesame Thai Dipping Sauce

### VEGETABLE STIR-FRY | 26

Mushrooms, Zucchini, Sesame Soy, Red Onion, Red Peppers, Tomatoes, and Butternut Squash served over White Rice

### HARVEST BRUSSEL SPROUTS | 22

Brussel Sprouts tossed with Fried Tofu in an Orange Sweet Sauce finished with Garlic Butter and Toasted Macadamia Nuts

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have a medical condition.