

GAZPACHO OR VICHYSSOISE | 6
SOUP DU JOUR | 6
FRENCH ONION SOUP | 9

Appetizers

BUFFALO-STYLE CHICKEN WINGS | 19 GF

Tender Chicken Wings tossed in a Spicy Butter Sauce with Ranch and Blue Cheese Dressing

FRIED POT STICKERS | 16

served with Ponzu Dipping Sauce

PULLED CHICKEN NACHOS | 18

Fresh Fried Corn Chips piled high and topped with Pulled Chicken, Black Bean Corn Salsa, Queso, Onions, Tomatoes, and Shredded Lettuce

KABOOM SHRIMP | 24 GF

Fried Shrimp tossed in our Sweet Thai Chili Sauce served with Spring Roll Chips

SHRIMP TEMPURA | 24

Fresh Shrimp dipped in Tempura Batter and Deep-Fried until perfectly crispy, served with Tempura Dipping Sauce

QUESADILLA | 14

Chicken, Beef or Vegetarian with Sour Cream, Guacamole and Salsa (Add Shrimp \$4)

GUACAMOLE, SALSA & CHIPS | 14

Diced Avocado, Sweet White Corn, Black Beans, Jicama, Bell Peppers, Fresh Cilantro and Serrano Peppers served with Housemade Blue & White Corn Tortilla Chips

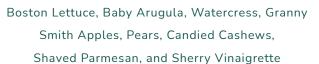
SIAMESE SALMON BOWL | 22

Seared Teriyaki Glazed Salmon over Chilled Soba Noodles with a Thai Peanut Sauce, Cilantro, and Sweet & Spicy Avocado

YELLOWFIN TUNA CRUNCH SALAD | 24

Thinly Sliced Tuna, Arugula, Kale, Avocado, Cucumber, Edamame, Jasmine Rice, Scallions, Toasted Sesame Seeds, Chili Flakes and Thai Dressing

BOSTON SALAD WITH APPLES & PEARS | 18



AVOCADO QUINOA BOWL | 18

Bulk out your bowl with veggies including

Baby Lettuce, Chopped Roasted Carrot, Zucchini, Cherry

Tomatoes, Roasted Sweet Potatoes, and Shredded Spinach

with an Olive Oil Vinaigrette

MEDITERRANEAN GREEK SALAD | 21

Romaine Lettuce, Artichoke, Feta, Kalamata Olives, Pepperoncini, Tomato, Cucumber, Red & Green Peppers and Red Onions served with our own Greek Dressing and Pita Bread

AHI POKE BOWL | 26

4oz Sushi-Grade Diced Ahi and Avocado tossed with Ponzu, Green Onions and Sesame Seeds on a blend of White Rice, Red Quinoa, and Seaweed seasoned with Togarashi and topped with Pickled Cucumbers, Sliced Jalapenos, Citrus Lemon Vinaigrette and a Drizzle of Sriracha Mayo

SALADS YOU KNOW - MEDIUM 17 | LARGE 19

Shrimp Louis | Miso Grilled Salmon | Cobb | Caesar Martha's Vineyard | Southern Fried | Crab Avocado

The following salads are available in one size only:

Caprese 16 | Thai Chicken 17 | Wicked Tuna 21



Handhelds served with chips, fries, sweet potato fries, onion rings, potato salad, coleslaw or fruit.

BLACK ANGUS BURGER | 18

Grilled to your liking with Lettuce, Tomato, Onions and a Pickle Spear (add Cheese .50¢)

VEGAN BURGER | 16



Soy Patty, Vegan Herb Mayo, Lettuce, Tomato and Vegan American Cheese

TRADITIONAL CLUB | 18

Sliced Roasted Turkey Breast, Lettuce, Tomato, Bacon, Gruyere Cheese, and Mayo on Toasted Sourdough

"OUR CLUB" | 17

Sliced Roasted Turkey Breast, Havarti Cheese, Bacon, Lettuce, Cucumbers and Tomato on Toasted Whole Grain Bread with Lingonberry Mayo

CLASSIC REUBEN OR GROUPER REUBEN | 19

Shaved Corned Beef or Grouper with Swiss Cheese and Sauerkraut on Grilled Rye with Thousand Island Dressing

Daily Specials

OMELETTE OF THE DAY | 14

Create your own omelette or choose today's special (egg whites are also available)

TRADITIONAL EGGS BENEDICT | 16

Canadian Bacon, Toasted English Muffin and Hollandaise Sauce

HOT OR COLD BISTRO | MKT

Creative food items prepared by our culinary team

Bistro Specials

CRAB CAKE LUNCH | 28

Crab Cake with Potato and Vegetable of the Day

MAINE STYLE LOBSTER ROLLS | 28

Maine Lobster tossed in a Lemon Mayonnaise on a Traditional lobster Roll served with Coleslaw

TUNA MELT WITH PICKLED CHICORIES | 18

Albacore Tuna with Minced Shallots, Capers, Dill, and Sweet Pickle Relish

GRILLED BBQ CHICKEN CLUB | 18

Grilled Chicken Breast, Ovation BBQ Sauce, Swiss Cheese, Bacon, Lettuce, and Tomato

TENDERLOIN SLIDERS | 24

Tenderloin Medallions with Bacon Balsamic, Onion Jam, and Gruyere Cheese

B.L.T. | 16

Crispy Applewood Bacon, Green Leaf Lettuce, Beefsteak Tomato and Mayo on your choice of Toasted Bread

BUILD YOUR OWN | 18

Turkey, Ham, Tuna, Shrimp or Chicken Salad served on your choice of Bread

CUP-N-HALF | 16

A Cup of Soup or Side House Salad, served with half of a BLT, Turkey, Ham, Tuna, Shrimp or Chicken Salad Sandwich

Vegan and Vegetarian

AVOCADO EGG ROLLS | 21 VEGAN

Avocado, Sun-Dried Tomato, Red Onion, and Cilantro Fried in a Crisp Rice Paper Wrapper served with Sesame Thai Dipping Sauce

VEGETABLE STIR-FRY | 26



Mushrooms, Zucchini, Sesame Soy, Red Onion, Red Peppers, Tomatoes, and Butternut Squash served over White Rice

HARVEST BRUSSEL SPROUTS | 22



Brussel Sprouts tossed with Fried Tofu in an Orange Sweet Sauce finished with Garlic Butter and Toasted Macadamia Nuts

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have a medical condition.